

ONE DAY RETREATS

*“I bind to myself this
day the power of
God to guide me.”*

Confession, St Patrick

One Day Retreats are held on the following days in May, late August and September.

May 2017 One Day Retreats	1, 6, 7, 9, 13, 14, 16, 20, 21, 22, 27, 28, 29
August 2017 One Day Retreats	20, 21, 22, 23, 26, 27, 28, 29
September 2017 One Day Retreats	2, 3, 5, 6, 9, 11, 12, 16, 17, 23, 24

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On arrival, there are light refreshments and an opportunity to meet with others. A set programme is offered which invites you to join in time-honoured prayer as well as allowing personal time for reflection.

The programme includes the Sacrament of Reconciliation and the Celebration of Eucharist.

The day commences at 10:20am and concludes at approximately 4:30pm.

Advance booking is essential.



STEP AWAY

from the routine of a normal day

A One Day Retreat offers the opportunity to connect with the sacred Island, walk on hallowed ground, breathe in the atmosphere and feel the energy of centuries of prayer.

Crossing over to Lough Derg – a place apart – brings one to a sacred space where everyone is welcome *just as they are*.

WHAT YOU NEED TO KNOW AS YOU PLAN YOUR ONE DAY RETREAT

1. **Boats** are available from 9:15am. The crossing is less than 10 minutes from the lakeshore.
2. **On arrival** on the Island, tea/coffee and scones are served.
3. **One Day Retreats** commence at 10:20am when everyone gathers in St Patrick's Basilica.
4. **The Retreat** follows a set programme of prayer and reflection. The sacrament of Reconciliation is included but optional. The day concludes with the celebration of Mass in St Patrick's Basilica.
5. **A light lunch** is served: soup, sandwiches, tea & coffee.
6. **It is advisable** to wear warm and waterproof clothing as the weather can be changeable (*pilgrims keep footwear on*).
7. **Boats** return from the Island to the lakeshore from 4:00pm.
8. **Organised Groups come by coach.** There are a number of Pilgrimage Organisers across the Island of Ireland who organise travel to Lough Derg. To find out more please contact us and we can help put you in touch with your nearest Pilgrimage Organiser.

ONE DAY RETREAT ADMISSION

includes all refreshments, lunch, return boat service, ministry services, free car and coach parking.

€40, concessions for groups. *Booking essential.*

www.loughderg.org